



housing

CONTINUING CARE SERVICE

Kaiser Permanente Services

Senior Care Management 619-641-4027

Community Services

This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.

- *2-1-1 San Diego 211
For the most current shelter and rehab availability and info 800-227-0997
www.211sandiego.org
- Aging & Independence Long Term Care Ombudsman Program 858-560-2507
www.sandiegocounty.gov/programs/services 800-640-4661
- *Alpha Project..... 619-542-1877
www.alphaproject.org
- Alternatives for Seniors (information on senior living communities) . 800-350-0770
www.alternativesforseniors.com
- California Advocates for Nursing Home Reform..... 800-474-1116
www.canhr.org
- California Department of Public health.....916-558-1784
- California Residential Facility Search
<https://www.cclfd.dss.ca.gov/carefacilitysearch/>
- *Catholic Charities.....619-323-2841
www.ccdsd.org
- Center for Social Advocacy
Fair housing, Landlord/Tenant Counseling, Shared Housing..... 619-444-5700
www.c4sa.org
- Choose Well - reviews assisted living facilities in SD County 858-221-4862
<http://choosewellsandiego.org>

<http://continuingcare-sandiego.kp.org>
Community Services continued



Community Care Licensing.....	619-767-2300
<i>https://www.cdss.ca.gov/inforesources/community-care-licensing</i>	
County of San Diego Housing Resource Directory* (2026).....	877-478-5478
<i>https://www.sandiegocounty.gov/content/sdc/sdhcd/housing-directory.html</i>	
ElderHelp of San Diego	619-284-9281
<i>www.elderhelpofsandiego.org (Poway office)</i>	
<i>858-748-9675</i>	
*Father Joe's Villages (includes St. Vincent de Paul Village)	619-233-8500
<i>https://myneighbor.org/get-help/</i>	
Housing and Urban Development – HUD ombudsman	619-578-7553
Low-rent apartment search (below)	
<i>https://resources.hud.gov/</i>	
*Interfaith Shelter Network.....	619-702-5399
<i>http://interfaithshelter.org</i>	
Neil Good Day Center*, 299 17 th St., San Diego 92101	619-230-7390
Single men/women point of entry to other shelters, mail service, safe day environment	
New Lifestyles (senior living and care options; view guide online)	
<i>www.NewLifeStyles.com</i>	
*PATH (People Assisting the Homeless)	619-810-8600
Street outreach and intake for Connections Housing 1250 6 th Ave., San Diego, CA 92101	
<i>www.epath.org/site/PATHSanDiego/home.html</i>	
*Salvation Army Family Services (social service intake desk)	619-699-2216
*San Diego Housing Commission	619-231-9400
SDHC Rental Assistance Call Center	
<i>619-578-7777</i>	
Affordable housing resource guide; homelessness prevention programs	
<i>Housing Opportunities Through the San Diego Housing Commission (sdhc.org)</i>	
*San Diego Rescue Mission.....	619-687-3720
<i>www.sdrescue.org</i>	
Seniorly	855-866-7661
(Senior living listings including assisted living, memory care or independent living; can filter for short-term stay or by cost)	
<i>www.seniorly.com</i>	
*Serving Seniors (transitional housing).....	619-235-6572
<i>www.servingseniors.org</i>	
*South Bay Community Services (24-hr hotline)	800-640-2933

Community Services continued

The Hub (previously known as the Homelessness Response Center)
Walk-ins welcome: 330 Park Blvd. San Diego Central Library 5th floor
www.sdhc.org/homelessness-solutions/hrc/

Veterans Village of San Diego*(transitional housing available)619-393-2000
4141 Pacific Highway, San Diego, CA 92110
www.vvsd.net

** Information and services that may be helpful for the homeless*

Helpful Terms

Housing and Urban Development (HUD)

A federal government program of low-income housing for persons who qualify.

Shared Housing

An option for an elderly person to share his or her home with another person in exchange for rent or services such as housekeeping, cooking, companionship, etc.

For corrections or additions to this handout, please call (619) 641-4456